MRC Centre for Environment and Health

Public and Community Involvement, Engagement and Participation (PCIEP) Strategy

This Strategy was drafted collaboratively by our Public Community Oversight Group (PCOG) Strategy Working Group and our Joint Steering Committee (JSC)
# Table of Contents

Abbreviations ........................................................................................................... 3
1. Introduction .................................................................................................................. 4
2. Terminology ................................................................................................................ 4
3. Background to this document ....................................................................................... 4
4. PCIEP strategy vision ................................................................................................. 5
5. Aim and objectives ..................................................................................................... 6
6. Resources .................................................................................................................... 7
7. Payment and recognition for public involvement ....................................................... 7
8. Partners and collaborators ........................................................................................... 8
9. Leadership and lines of reporting .............................................................................. 9
10. Monitoring review and reporting ............................................................................. 9
11. Rolling program of project and activities for the MRC Centre and the two HPRUs ........ 11
Appendix I ..................................................................................................................... 14
### Abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>CEH</td>
<td>Centre for Environment and Health</td>
</tr>
<tr>
<td>CRTH</td>
<td>Chemical and Radiation Threats and Hazards</td>
</tr>
<tr>
<td>ECR</td>
<td>Early Career Researcher</td>
</tr>
<tr>
<td>EEH</td>
<td>Environmental Exposures and Health</td>
</tr>
<tr>
<td>HPRU</td>
<td>Health Protection Research Unit</td>
</tr>
<tr>
<td>JSC</td>
<td>Joint Steering Committee</td>
</tr>
<tr>
<td>MRC</td>
<td>Medical Research Council</td>
</tr>
<tr>
<td>NIHR</td>
<td>National Institute for Health Research</td>
</tr>
<tr>
<td>PCIEP</td>
<td>Public Community Involvement Engagement and Participation</td>
</tr>
<tr>
<td>PCOG</td>
<td>Public Community Oversight Group</td>
</tr>
<tr>
<td>PHWE</td>
<td>People in Health West of England</td>
</tr>
<tr>
<td>YPAN</td>
<td>Young Persons' Advisory Network</td>
</tr>
</tbody>
</table>
1. Introduction

This document sets out the ambition, commitment, and objectives of the MRC Centre for Environment and Health (MRC CEH) for Public and Community Involvement, Engagement and Participation (PCIEP) between 2019 – 2024. It also sets our approach for involving the public and community in all stages of our research and outlines the close working relationship with the National Institute for Health Research (NIHR)-Health Protection Research Units (HPRUs) in Environmental Exposures and Health (EEH) and in Chemical and Radiation Threats and Hazard (CRTH)

This Strategy was drafted collaboratively by our Public Community Oversight Group (PCOG) working strategy group and our PCIEP Joint Steering Committee (Appendix I) and was informed by the NIHR INVOLVE National Standards for Public Involvement in Research and the Going the Extra Mile Policy Review.

2. Terminology

Throughout this document we use NIHR INVOLVE definitions for including the public in research, namely:

Public - includes patients, potential patients, carers and people who use health and social care services as well as people from organisations that represent people who use services.

Involvement - where members of the public are actively involved in our MRC Centre or HPRU research projects e.g. in focus groups, providing feedback on information leaflets, acting as members of Advisory Boards etc.

Engagement/Outreach - Where information and knowledge about the research of the MRC Centre or HPRUs is provided and disseminated e.g. through media stories, science festivals, newsfeed via social networking sites etc.

Participation - where members of the public take part in our research studies e.g. they are recruited into a cohort study as a participant.

3. Background to this document

The MRC Centre for Environment is led out of Imperial College London. It has close working relationship with two associated HPRUS, which are partnerships with the UK Health Security Agency, in collaboration with King’s College London and the MRC Toxicology Unit, Cambridge that started on the 1st April 2020.

The aim of these three closely clustered and collaborating units is to undertake the highest quality research on the health effects associated with exposure to a range of major environmental pollutants, including ambient and indoor air pollutants and other chemical and radiation threats. The themes covered by the MRC Centre and the HPRUs are illustrated in Figure 1. The purpose of this research is to advance our understanding of how the contact with these environmental hazards leads to ill-health and produce evidence that will support the development of policies and regulations that will improve the long-term health of the population as well as to anticipate future unknown risks.
4. PCIEP strategy vision

Our vision is to achieve meaningful public and community involvement embedded across the entirety of the MRC Centre with active consultation and collaboration with the various research Themes. To achieve this, we will ensure active public engagement is undertaken across the Themes with a proactive approach to make our work accountable, transparent and relevant to the public.

An important aspect of our vision is to ensure that patient and public voice can impact on the development of our research strategies, it’s effective delivery and the tailoring of key findings for dissemination across a range of stakeholder groups.
5. Aim and objectives

To engage with and involve the public in a scientific dialogue on environmental health to ensure that the impact of our research extends beyond academic and policy realms and is responsive to the concerns of the public.

Objectives

Early milestones (6-12 months)

Objective 1 - to embed PCIEP in the MRC Centre and the two HPRUs across all levels with active consultation, collaboration monitoring, reporting, evaluation and learning from the PCIEP activities undertaken in the various research projects.

Objective 2 - to ensure that the public and community voice impacts our research strategy, projects and functions through the establishment of a PCOG, with representation from vulnerable patient groups, public health practitioners, Non-Governmental Organisations (NGOs), government and industry.

Objective 3 - to develop collaboratively a PCIEP Strategy with PCOG members and the JSC.

Medium term milestones (0.5-3 years)

Objective 4 - to expand on diversity by developing links and networks with interest groups to allow wider dissemination of information about our research and events to the public and community. We will also explore novel and innovative ways to develop our PCIEP programme.

Objective 5 - to build PCIEP capacity and expertise throughout the MRC Centre and the HPRUs by provision of training and regular meetings with other PPI networks in other NIHR funded organisations, to share examples of best practice.

Objective 6 - to develop, with consultation with the PCOG and other groups, educational and public health resources for the public to promote the level of understanding around the risks of environmental exposures to health.

Objective 7 - to communicate work directly to the public through high impact events such as New Scientist Live in London, and various science festivals at local and regional level.

Objective 8 - to continuously evaluate the process, implementation, and impact of our PCIEP activities, in order to drive improvement and demonstrate achievements.

Long term milestones (2-4 years)

Objective 9 - to undertake research into the effectiveness of our communication strategies aimed at bringing about behaviour change to reduce exposures to environmental stressors.

Objective 10 - to evolve the evidence base for the effectiveness of PCIEP in directing public understanding of environmental health issues. We will commission work, through seeking additional funding to investigate whether the MRC Centre’s engagement and involvement activities have produced a frameshift in public perceptions of the importance of the risks surrounding environmental exposures.
6. Resources

In order to develop a culture of PCIEP research, commitment to core resources is required. Costs for the PCIEP program have been factored into the Centre’s budget. INVOLVE has an Involvement Cost Calculator for researchers to budget PCIEP in a research project. In addition, researchers’ time will be taken into account when running PCIEP activities and events.

To fulfil the objectives within the strategy, a PCIEP Coordinator has been appointed for the MRC Centre. The coordinators’ role is to provide PCIEP support for researchers across the Centre’s themes. They will be the point of contact for researchers to liaise with the PCOG. The PCIEP Coordinators will also manage the delivery of all PCIEP engagement events, and in-house training for research staff, early career researchers, PhD students and members of the public. Additionally, a PCIEP Joint Steering Committee has been put in place covering the MRC Centre and the two associated HPRUs. This committee includes the two PCIEP Coordinators and representatives from each of the partners in the MRC Centre and the HPRUs.

Training needs for PCIEP theme representatives and for PCOG members will be continually assessed to be responsive to on-going and new training needs. Bespoke training will be developed to meet the needs of individuals within specific research themes. There will be a mixture of in-house training offered by the Patient Experience Research Centre at Imperial College London as well as training offered by other related organisations.

The NIHR Biomedical Research Centre (BRC) Imperial Patient Experience Research Centre (PERC) team, in collaboration with Imperial Clinical Trails Unit, have developed a series of public involvement training sessions, from basic training on what public involvement is and why we do it to more specific training on how public involvement can inform the last four stages of the research cycle. These training courses are available to all MRC Centre and HPRU members.

We will also use the NIHR Research Design Service (RDS) (London) as a resource. This is led by King’s College London in partnership with: Imperial College London, Queen Mary University of London and University College London. The NIHR RDS offers a free service that supports clinicians, health and social care professionals and academics to develop research proposals and grant applications, including the integration of PCIEP activities.

Finally, the PCIEP Coordinators will be active members of the National HPRU Public Patient Involvement and Engagement Network, working together with other coordinators to share best practice, learn from each other and develop training opportunities across the MRC Centers and associated HPRUs.

7. Payment and recognition for public involvement

Funds have been set aside in the budget for directly incurred costs for running PCIEP activities. The payment structure for our PCIEP has been informed from current INVOLVE guidelines (INVOLVE 2018), recognising the contributions of our PCOG members who are actively involved with the work of the MRC Centre and the HPRUs is a very important aspect of PPIE in research. Members will be offered payment for their time as well as additional expenses such as meeting travel or childcare costs.
8. Partners and collaborators

We will work with a range of stakeholders to ensure the effective communication of our research, particularly to vulnerable sub-populations, where the proposed research (across all themes) will have the most immediate impact. We will build on Imperial College London’s strong link with local communities through the public and community engagement program.

Public Community Oversight Group: We have set up an advisory group which consists of members from the public, industry, local government, NGOs and community and patient groups, who will advise on the broader context of the unit’s activities and on the implementation of the PCIEP strategy. We currently have a total of 39 members, and we are looking at improving the diversity of this group. The PCOG aims to:

- Support the governance of public involvement and engagement approaches and activities within the MRC Centre and associated HPRUs
- Identify research priorities addressing public concerns
- Advise on research plans, protocols and materials
- Identify and facilitate ways to involve members of the public in research
- Disseminate research results in lay summaries
- Support researchers to assess the impact of PCIEP in their work

The PCOG will meet approximately two/three times a year for two hours.

As part of the MRC Centre and the two HPRUs, we have access to a range of public involvement and engagement resources to implement this strategy which are set out in more detail below.

- The VOICE Digital Platform provides opportunities for the public to get involved at all stages of research. This includes events, blogs, research summaries, discussion groups, polls and online courses; effectively building a national community of ‘Research Active Citizens’. We will use the VOICE digital platform as an alternative resource to engage and involve other members of the public aside the PCOG. This will allow researchers to access a large and diverse community quickly and easily, use flexible methods of involvement from polls and surveys to discussion forums and public panels. Finally, it will enable researchers to gain insight from the general public as well as patients with specific lived experience.

- The Young Persons’ Advisory Network (YPAN) advisory group comprising of 17–25-year-olds has been set up as a collaboration between the Imperial PERC, the Imperial Institute of Global Health Innovation and the Imperial Clinical Trials Unit. The YPAN enables young people to also get involved and influence current and future health research and it is available to support all groups within Imperial College London who seek the input of young people into their research projects.

- The Imperial Public Involvement training which is aimed at researchers but is also suitable for patients and the public features how patients and the public can be involved across the research cycle.

- The Imperial Patient Experience Research Centre Public Involvement Resource Hub offers a broad range of resources for learning about public involvement in research.
- The Imperial Patient Experience Research Centre blog provides examples of public involvement case studies that our researchers can use for inspiration. The Centre’s blog also offers the opportunity to share our PCIEP work with others to learn and share best practice.

- Imperial Societal Engagement offers access to a range of training sessions, support and ideas for engaging with wider society.

9. Leadership and lines of reporting

The MRC Centre and the two HPRUs are directed by Paul Elliott and Frank Kelly (Imperial College London), with other members leading activities at PHE, KCL and UC. The Unit Directors have overall responsibility for the Unit’s strategy and direction. Formal reporting lines of the Unit are through its Director to MRC.

The Steering Committee (SC) is the senior management, strategy and decision-making forum of the Centre. In addition to the Director, Deputy Director and the leads of the Centre’s main research programmes and cross-cutting platforms, the Committee includes the PCIEP and the Joint Training Programme leads, as well as representatives of the Investigators and of students and early career researchers’, the Researchers’ Society. The SC is the forum to identify research priorities and feed into the Centre’s research and communication strategies, and is supported by advisory groups which include:

- International Scientific Advisory Board (ISAB) - an independent group composed of senior public health experts that advises the Directors on scientific strategy and research priorities, ensuring the units’ strategy and programmes address and remain responsive to public health needs in the UK.

- Joint Public and Community Involvement, Engagement and Participation Committee - this committee is comprised of representatives from each of the partner organizations; the MRC Centre and the two HPRUs. The committee meets on monthly basis to oversee and provide advice on the development of the PCIEP program.

- Public Community Oversight Group (PCOG) - its aim is to ensure that the research addresses the needs and concerns of the stakeholders and its results are appropriately communicated, by providing input at all stages of the research cycle and co-designing the Public and Community Involvement, Engagement and Participation (PCIEP) strategy and activities.

Our aim is to also ensure that the public voice is clearly present in our governance and leadership so that our decisions promote the public interest. We will involve the public in research management, leadership and decision making. We have appointed a non-professional Chairperson who will co-chair the PCOG meetings as well as represent the PCOG in the Joint Steering Committee meetings providing a public perspective in the highest governance structure of these units.

10. Monitoring review and reporting

To evaluate the impact of the PCIEP strategy within the MRC Centre and the HPRUs (with the aim to allow for reflection and improvement), we will capture the impact that our activities have on our lay partners and researchers using post event or activity feedback forms.
In addition to this, each theme will maintain a record of all PCIEP activities undertaken and provide updated information to PCIEP leads annually. This will be achieved through a reporting tool for reporting, reflecting and learning. This will allow us to access the impact of our PCIEP program in the long term. We will also use the GRIPP2 checklist which is the first international guidance for the reporting of patient and public involvement in health and social care research. This will allow us to ensure that PPIE practice is based on the best evidence.

Our PCIEP strategy will be reviewed on an annual basis with the PCIEP Joint Steering Committee and PCOG. The Joint Steering Committee will hold regular meetings to monitor activities including measuring, monitoring and evaluating of the PCIEP. These meetings will also be used to review progress against the objectives outlined in this report.
## 11. Rolling program of project and activities for the MRC Centre and the two HPRUs

<table>
<thead>
<tr>
<th>Project</th>
<th>Activity</th>
<th>Details</th>
<th>Status</th>
</tr>
</thead>
</table>
| Engagement               | School outreach                                                        | Deliver engagement activities across primary and secondary schools to a) raise awareness of various environmental issues and b) promote Science, Technology, Engineering and Mathematics (STEM) subjects  
This will be an ongoing activity, to be carried out by various Themes across the MRC Centre and the HPRUs | - Secondary school’s engagement thorough the recording of short videos to support children online/home learning (summer 2020)  
- Chemistry for a cleaner world sessions: Eco-Schools NI (part of Keep Northern Ireland Beautiful (Autumn 2020)  
Siglo Science festival (Autumn 2020)  
Northern Ireland Science Festival (Winter 2021) | Ongoing                     |
| Local Community outreach| Deliver engagement activities to local families in the White City area London to a) raise awareness of various environmental issues and b) promote Science, Technology, Engineering and Mathematics (STEM) subjects  
This will be an ongoing activity, to be carried out by various Themes across the MRC Centre and the HPRUs | Examples of topics for sessions:  
- Air pollution causes, health effects and exposure reduction measures  
- Microplastics  
- Brake dust  
- Biomonitoring  
- Chemical Incidents.  
- E-cigarettes | November 2020 – ongoing                                               |
| Engagement               | Social networks and online presence                                     | Develop a variety of web-based engagement such as creating a social media presence (twitter) to disseminate our research and promote PCIEP opportunities                                                                                                                                                | Ongoing                     |
| Engagement               | Research communication                                                 | Use various media communication channels to increase the visibility of our research prevent the risk of misinterpretation and lead to meaningful engagement with the general public                                                                                                                                | April 2020 – Ongoing        |
| Involvement              | Embedding PCIEP across the MRC Centre and the HPRUs                    | Establish a joint steering committee for PPI E  
Identify representatives for each theme who will be responsible for PPI E activities within their theme  
The Public and Community Oversight Group (PCOG); chaired by a non-professional person. The PCOG will meet 2-3 times per year to advise on the PCIEP strategy, and to provide input into specific research questions and guidance on its implementation  
The PCOG consists of over 35 members from 20 different organisations including (NGOs, industry, Government agencies, members of the public among others). The Chairperson was appointed in early 2021. The PCOGs inaugural meeting was held in November 2020 | March 2020                   |
| Involvement              | Establish an advisory group                                            | We set up a joint PCIEP steering committee for the MRC Centre and the HPRUs to manage activities. Two PCIEP Coordinators have been appointed. This committee meets on a monthly basis  
Two representatives have been identified for each theme: one from PHE and the other from the partnering universities (IC, KCL, UC) | November 2020               |
| Involvement              | Embedding PCOG support across the MRC Centre and the HPRUs            | Build relationship with PCOG members and theme representatives  
PCOG members to help co-develop our PCIEP Strategy  
Theme representatives to be invited to all PCOG meetings | January to March 2021        |
<table>
<thead>
<tr>
<th>Medium term milestones (0.5 – 3 years)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Engagement</strong> High impact events</td>
</tr>
<tr>
<td><strong>Engagement/Involvement</strong> Educational Resources</td>
</tr>
<tr>
<td><strong>Involvement</strong> Public consultation</td>
</tr>
<tr>
<td><strong>Involvement</strong> Diversity, Inclusion and capacity building</td>
</tr>
<tr>
<td><strong>Involvement/ training</strong> Sharing best practice across HPRUs</td>
</tr>
<tr>
<td><strong>Involvement</strong></td>
</tr>
<tr>
<td><strong>Participation</strong> Co-production of research questions and methodologies</td>
</tr>
<tr>
<td><strong>Training</strong></td>
</tr>
<tr>
<td><strong>Training</strong></td>
</tr>
<tr>
<td><strong>Training</strong></td>
</tr>
<tr>
<td><strong>Training</strong></td>
</tr>
<tr>
<td>Engagement</td>
</tr>
<tr>
<td>------------</td>
</tr>
<tr>
<td>Engagement</td>
</tr>
<tr>
<td>Engagement</td>
</tr>
<tr>
<td>Engagement</td>
</tr>
</tbody>
</table>
# Appendix I – PCIEP Joint Steering Committee

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
<th>Role and Responsibilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr Ian Mudway</td>
<td>ICL</td>
<td>MRC Centre PCIEP Lead and HPRU in Environmental Exposures and Health</td>
</tr>
<tr>
<td>Dr Ed Seleiro</td>
<td>ICL</td>
<td>MRC Centre Manager &amp; HPRU in Chemical and Radiation Threats and Hazards</td>
</tr>
<tr>
<td>Ms Angela Lewis</td>
<td>ICL</td>
<td>MRC Centre Manager &amp; HPRU in Environmental Exposures and Health</td>
</tr>
<tr>
<td>Dr Bethan Davies</td>
<td>ICL</td>
<td>MRC Centre &amp; HPRU in Chemical and Radiation Threats and Hazards</td>
</tr>
<tr>
<td>Dr Diana Varaden</td>
<td>ICL</td>
<td>PCIEP Coordinator, HPRU in Environmental Exposures and Health</td>
</tr>
<tr>
<td>Ms Antoinette Amuzu</td>
<td>ICL</td>
<td>PCIEP Coordinator, HPRU in Chemical and Radiation Threats and Hazards</td>
</tr>
<tr>
<td>Dr Emily Cheek</td>
<td>PHE</td>
<td>HPRU in Chemical and Radiation Threats and Hazards</td>
</tr>
<tr>
<td>Dr Liz Ainsbury</td>
<td>PHE</td>
<td>HPRU in Chemical and Radiation Threats and Hazards</td>
</tr>
<tr>
<td>Dr Liza Selley</td>
<td>UoC</td>
<td>HPRU in Environmental Exposures and Health and in Chemical and Radiation Threats and Hazards</td>
</tr>
</tbody>
</table>

The Joint Steering Committee includes representatives from various institutions, including ICL, PHE, and UoC, with roles ranging from MRC Centre leads to HPRU coordinators in different health and environmental exposures.